

# MBRC SPRING THAW BIKE RIDE

**SUNDAY, April 25, 2010**

(Rain date is May 2)



## **MBRC SHOW AND GO RIDE – 30 and 50 MILE OPTIONS\***

**RIDE BEGINS AND ENDS AT NORWELL HIGH SCHOOL.**

**START TIME: 8:30 A.M.**

**The short route goes through Norwell, Hanover, Pembroke, and Marshfield. The long route adds Scituate, Green Harbor and Humarock.**

**All riders welcome – Helmets required - No fee - this is a show and go ride.  
No sag wagon provided.**

**\*Cue sheets provided.**

**For more information contact:  
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**Check out the MBRC website at  
[www.massbayroadclub.org](http://www.massbayroadclub.org)**